

Bible Verses on Peace

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Peace can feel close in one moment and hard to find in the next. These passages offer room to pause, remember God's care, and take one steady step through whatever today holds.

A note on the Scripture: the verse summaries in this guide are plain-English paraphrases, not quotations from a particular Bible translation. Read each passage in your preferred Bible for its full wording and context.

Your reading path

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John 14:27
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Philippians 4:6-7
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Isaiah 26:3
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Psalm 29:11
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Colossians 3:15
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Romans 15:13
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2 Thessalonians 3:16
- 08

Psalm 4:8
- 09

John 16:33
- 10

Numbers 6:24-26

01 John 14:27

PARAPHRASE

Jesus offers a deep peace that is different from the reassurance the world can give. Even when fear rises, his followers need not let their hearts be ruled by it.

REFLECTION What helps you remember that you are not facing today alone?

02 Philippians 4:6-7

PARAPHRASE

Bring every concern to God in prayer, honestly naming what you need and giving thanks as you do. God's peace can guard your inner life in Christ, even before every difficulty is resolved.

REFLECTION What worry could you place into prayer today, one part at a time?

03 Isaiah 26:3

PARAPHRASE

God gives steady peace to those whose thoughts keep returning to him and who lean on his faithfulness. Trust can become an anchor when circumstances feel unsettled.

REFLECTION When your mind wanders towards fear, what simple reminder could turn your attention back to God?

A MOMENT TO PAUSE

Peace for the path ahead

Peace is not always the absence of trouble. These passages point towards a presence and a hope that can accompany us through changing days.

04 Psalm 29:11

PARAPHRASE

The Lord strengthens his people and blesses them with peace. Strength and gentleness belong together: God can support us while also quieting our hearts.

REFLECTION Where do you need strength, and where might you need to receive peace?

05 Colossians 3:15

PARAPHRASE

Let the peace of Christ guide the way you respond, because you have been called into one shared body. Gratitude can help make space for that peace in daily life.

REFLECTION How could Christ's peace shape one conversation or decision you face?

06 Romans 15:13

PARAPHRASE

As you trust in God, may he fill you with joy and peace, so that hope grows through the Spirit's work. This hope can remain alive even when the future is not yet clear.

REFLECTION What would it look like to make room for hope without needing every answer first?

07 2 Thessalonians 3:16

PARAPHRASE

The Lord of peace can give peace in every situation and remain with you through it all. His presence is not limited to quiet or easy circumstances.

REFLECTION In which part of your day would you most like to be aware of God's nearness?

CARRYING PEACE INTO THE DAY

A peace that stays with you

08 Psalm 4:8

PARAPHRASE

The psalmist can lie down in peace and sleep safely, trusting that God alone provides security. Rest becomes an act of trust, not a reward for having solved everything.

REFLECTION What might help you release the day and rest in God's care tonight?

09 John 16:33

PARAPHRASE

Jesus speaks honestly about hardship, while inviting his followers to find peace in him. Trouble is real, but it does not have the final word over the hope he gives.

REFLECTION What is one hopeful truth you can hold alongside a difficulty you are facing?

10 Numbers 6:24-26

PARAPHRASE

This blessing asks God to protect and show kindness to his people, to turn towards them with grace, and to give them peace. It is a prayer for care, welcome, and wellbeing.

REFLECTION Which part of this blessing would you most like to receive or share with someone today?

A simple prayer

God of peace, meet me in what I am carrying today. Help me trust your care, receive your steady presence, and share kindness with others. Give me rest and hope for the next step. Amen.