



A GENTLE GUIDE FOR NEW BELIEVERS

First Steps in Faith Checklist – Free New Christian Checklist

A gentle guide for your first steps as a Christian

These first steps are not a test. They are gentle invitations to explore your new faith and grow closer to God at your own pace.

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TAKE YOUR TIME

Begin with Jesus

Choose a step that feels right for today. Every small beginning matters.

- ☐ **Read the Gospel of John**
Meet Jesus through the words of one of his closest friends.
- ☐ **Find a local church**
Christian faith grows with others. Visit one that preaches the Bible and welcomes questions.
- ☐ **Learn the Lord's Prayer**
Read Matthew 6:9–13 and let these words become your own.
- ☐ **Pray every day for a week**
Even a few honest sentences counts. God listens.
- ☐ **Tell someone you trust about your faith**
Sharing your faith out loud is a meaningful step.
- ☐ **Read Psalm 23**
Let these words remind you that God is your shepherd and you are not alone.
- ☐ **Read Psalm 46**
A passage for anxious or uncertain days: “Be still and know that I am God.”
- ☐ **Start a prayer journal**
Write down what you are grateful for, what you are asking God for, and what you notice.
- ☐ **Read the Sermon on the Mount (Matthew 5–7)**
Hear Jesus describe the life he invites us into.

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KEEP GROWING

Grow in faith

There is no rush. Keep discovering, asking questions and drawing near to God.

- ☐ **Find a Bible you enjoy reading**
Try the NIV or ESV. A Bible you understand is one you will actually read.
- ☐ **Memorise one Bible verse**
Choose one that speaks to you and carry it with you.
- ☐ **Thank God for three things today**
Gratitude is one of the simplest forms of prayer.
- ☐ **Read about the life of Jesus (Luke 1–24)**
Walk through Jesus' life, ministry and resurrection.
- ☐ **Join a Bible study group**
Learning with others deepens understanding and builds friendship.
- ☐ **Read Romans 8**
One of the most encouraging chapters in the whole Bible.
- ☐ **Explore a Christian book or podcast**
Ask a trusted Christian for a recommendation.
- ☐ **Pray for someone you care about**
Bringing others to God in prayer is a gift.
- ☐ **Read John 3:16 and reflect**
“For God so loved the world...” Let it sink in again.

You do not need to tick every box at once. Take one step at a time, and know that God is with you on every one.

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